

Race Date  
August 21, 21

In the Cut 5k  
Age Group Results

**5k Run/Walk**

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Akera	Detroit MI	29	1969	1	22:09.3	7:07/M

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**5k Run/Walk**

**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Undreeron Hall		25	2044	11	27:30.4	8:51/M
2	Mackenzie Johnson		28	2020	14	28:18.1	9:06/M

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Scott		37	1960	2	23:04.8	7:25/M
2	Trenton Chamberlain	Trenton MI	31	2023	13	28:15.8	9:05/M
3	Adrian Johnson		39	1925	63	57:05.4	18:21/M

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kirk Herald		47	2042	7	25:19.6	8:09/M
2	Ritchie Harrison	Detroit MI	44	1947	9	27:02.2	8:42/M
3	Daryl Shackelford	Livonia MI	49	1911	10	27:04.8	8:42/M
4	Randall Wodoard	Detroit	44	2000	12	28:06.3	9:02/M
5	Chad Rhodes	Detroit	49	1959	17	29:53.2	9:37/M
6	Jason Allen	Detroit	43	1993	19	31:34.7	10:09/M
7	Antoine Flowe	Melvindale MI	40	1943	24	34:31.1	11:06/M
8	Robert Shade	Harrison Twp MI	47	1900	36	39:23.7	12:40/M
9	Timothy Burke	Southfield MI	40	2031	64	57:17.5	18:25/M
10	Carlton Cosby	Fairburn GA	41	2038	82	1:08:31.3	22:02/M

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Duane Leonardi	Lake Orion MI	53	1934	4	24:27.8	7:52/M
2	Bryant Tipton	Detroit	50	1963	16	29:51.1	9:36/M
3	Bill Polakowski	Marietta GA	58	1991	26	34:54.8	11:14/M
4	Samuel Bills	Ypsilanti MI	51	2022	29	36:34.1	11:46/M
5	Chantel Rusher	Atlanta GA	57	1917	30	36:38.9	11:47/M
6	Otis Holt	Detroit MI	54	2039	31	36:39.2	11:47/M
7	Mark Grier	Detroit MI	53	2019	33	38:06.9	12:15/M
8	Kevin Payton	Bedford OH	51	2035	41	41:31.1	13:21/M
9	Robert Miller	Harrison Township MI	50	1989	42	41:55.8	13:29/M
10	Kurt Murray	Novi MI	50	1910	58	51:49.5	16:40/M
11	Orlando Williams Jr	Lake Orion MI	54	1953	62	54:07.8	17:24/M

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Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joseph Virag	Dearborn Heights MI	60	2018	20	31:42.8	10:12/M
2	Timothy Brown	Waterford MI	63	1921	47	46:50.9	15:04/M
3	Harold J White	Detroit MI	63	1998	72	1:02:19.3	20:02/M

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**5k Run/Walk**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexandra Spain	Bothell WA	9	2004	3	24:23.4	7:51/M

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Claudia Miller	Harrison Township MI	22	2016	23	34:07.5	10:58/M
2	Tamiria Perkins	Southfield MI	27	1926	70	59:43.0	19:12/M
3	Jennessa Glenn	Southfield MI	21	2041	73	1:02:22.3	20:03/M
4	Taylor Pool	Southfield MI	21	2040	74	1:02:22.7	20:03/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Ross	Southfield MI	31	2034	28	35:09.5	11:18/M
2	Victoria Cohen	Saint Clair Shores MI	35	1908	37	39:45.1	12:47/M
3	Christina Johnson	Detroit MI	39	1944	54	51:44.0	16:38/M
4	Lindsie Johnson	Southfield MI	37	1923	65	57:20.3	18:26/M
5	Keva Mays	Southfield MI	34	1976	78	1:05:43.9	21:08/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marla Spain	Bothell WA	43	2003	5	24:42.5	7:57/M
2	Stephanie Smiley	Livonia	41	2043	8	25:19.7	8:09/M
3	Clarinda Harrison	Detroit MI	41	1946	22	33:31.3	10:47/M
4	Tamika Burke	Southfield MI	43	2032	25	34:54.6	11:14/M
5	Shenika Telfair	Westland MI	45	1983	32	38:01.3	12:14/M
6	Cekeshawin Jones	Saginaw MI	42	2024	35	39:20.4	12:39/M
7	Dionne Gisstennar	Detroit MI	49	1906	43	42:35.0	13:42/M
8	Alycia Emerson	Detroit MI	40	1984	44	42:41.7	13:44/M
9	LeReatha Burrell	Detroit MI	47	1932	45	43:38.0	14:02/M
10	JANEE MCADOO	Southfield MI	40	2013	48	47:01.2	15:07/M
11	Halima Curry	West Bloomfield MI	44	2012	50	47:31.2	15:17/M
12	Paula Reese	Detroit MI	49	2011	51	47:44.3	15:21/M
13	Ebone Maxwell	Redford MI	41	1937	55	51:44.8	16:38/M
14	Angel Allen	Novi MI	45	1927	57	51:48.2	16:39/M
15	TAMECHIA HALL	Detroit MI	49	2007	66	57:58.4	18:38/M
16	Rubbie McCoy	Detroit MI	49	1939	69	59:18.1	19:04/M
17	Timika Haley	Oak Park MI	47	1922	76	1:02:29.5	20:06/M
18	Lenette Jones	Farmington MI	41	1999	77	1:02:49.3	20:12/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Age Group Results

**5k Run/Walk**

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charlene Leonardi		54	1935	6	24:57.9	8:02/M
2	Cheryl Kennard	Redford MI	56	1977	15	29:11.4	9:23/M
3	Wendy Clark	Detroit MI	50	1904	18	31:30.6	10:08/M
4	Reene Ferguson	Detroit	55	1968	38	39:45.6	12:47/M
5	Christina Holt	Detroit MI	54	2037	39	40:56.3	13:10/M
6	Tammi Dukes	Southfield	52	1905	40	41:07.5	13:13/M
7	Dana Beaurem	Warren	50	2008	46	46:45.3	15:02/M
8	Karen Raudabaugh	Marietta GA	59	1990	49	47:11.5	15:10/M
9	Dorene Green	Detroit MI	53	1995	52	48:01.3	15:26/M
10	Jacqueline Coleman	Redford MI	54	1909	53	49:22.4	15:53/M
11	Arlene Ellsworth	Southfield MI	50	1981	56	51:45.7	16:39/M
12	Antoinette Belton	Belleville MI	59	2033	59	53:41.1	17:16/M
13	Shauna Williams	Lake Orion MI	50	2005	61	54:07.4	17:24/M
14	Tracy Green	Detroit MI	52	2006	67	57:59.0	18:39/M
15	Chrysantha Norwood	Detroit MI	50	2021	68	59:15.9	19:03/M
16	Natalie King	Pontiac MI	59	1997	71	1:02:18.6	20:02/M
17	Muriel Burrell	Westland MI	57	1970	79	1:08:26.4	22:00/M
18	Lori Wesby	Detroit MI	51	1985	80	1:08:27.4	22:01/M
19	LaTara Brown	Canton MI	51	1986	81	1:08:29.5	22:01/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Coleen Virag	Dearborn Heights MI	60	2017	21	33:27.9	10:46/M
2	ADRIENNE BROWN	Detroit MI	66	2009	27	34:56.6	11:14/M
3	Kathleen Covin		63	2045	34	39:03.1	12:33/M
4	Tanji Grant	Farmington MI	60	2010	60	53:50.2	17:19/M
5	Sonia Morton	Detroit MI	60	1996	75	1:02:28.3	20:05/M

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In the Cut 5k  
Age Group Results

**1 Mile Dash**

Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reginald Ellsworth		58	1982	1	34:24.0	34:24/M
2	William Haley	Oak Park MI	45	1987	2	55:13.7	55:14/M